



YOGA SCIENCES INSTITUTE

Active Yoga Philosophy Certification

What Kinds of Active Yoga Philosophy Certification are Available?



Active Yoga Philosophy Program (Completion Certification)

- Helps you think like a yogi whether studying, meditating, or simply going about daily life.
- Gives you the knowledge you need to explore, practice and teach with confidence
- Plan on spending at least one hour per week studying during the Program
- Assessment through Online Multiple Choice Examination at end of each Module

Active Yoga Philosophy Program (Teacher Certification)

The Advanced Teacher Certification Program adds an extra layer of work and accountability. Here, you will further imprint your knowledge by developing a personal weblog. Plan on spending at least three hours per week exploring and writing during the program.

With satisfactory completion of all requirements, including any Module Assessments, you will receive your Certificate - along, most importantly, with the insights that come from your diligent work.

- 7 Modules (30 hours)
- Intermediate and Final Assessment
- \$2600/Practitioner, \$3500/Teacher Certification

Active Yoga Philosophy Group Completion Certification

The Yoga Philosophy program is also available in Group Seminar format. In Group Seminars, the full Yoga Philosophy program can be delivered in thirty hours. It has been designed to satisfy the thirty hours of Yoga Philosophy and Ethics as required under the Yoga Alliance Teacher Certification guidelines. Each Module is generally delivered in one day, from 9AM to 5PM, with a one-hour break at noon for lunch. More selective or concentrated programs may be customized at your request. At the end of the third Module, there will be a three-hour assessment for students to gauge their progress. Those who test 70% or greater on the Assessment are eligible for Yoga Philosophy Certification.

- 7 Modules (30 hours)
- Concept Maps and Materials
- Final Assessment
- Yoga Philosophy Completion Certificate:
- \$4950/25 students